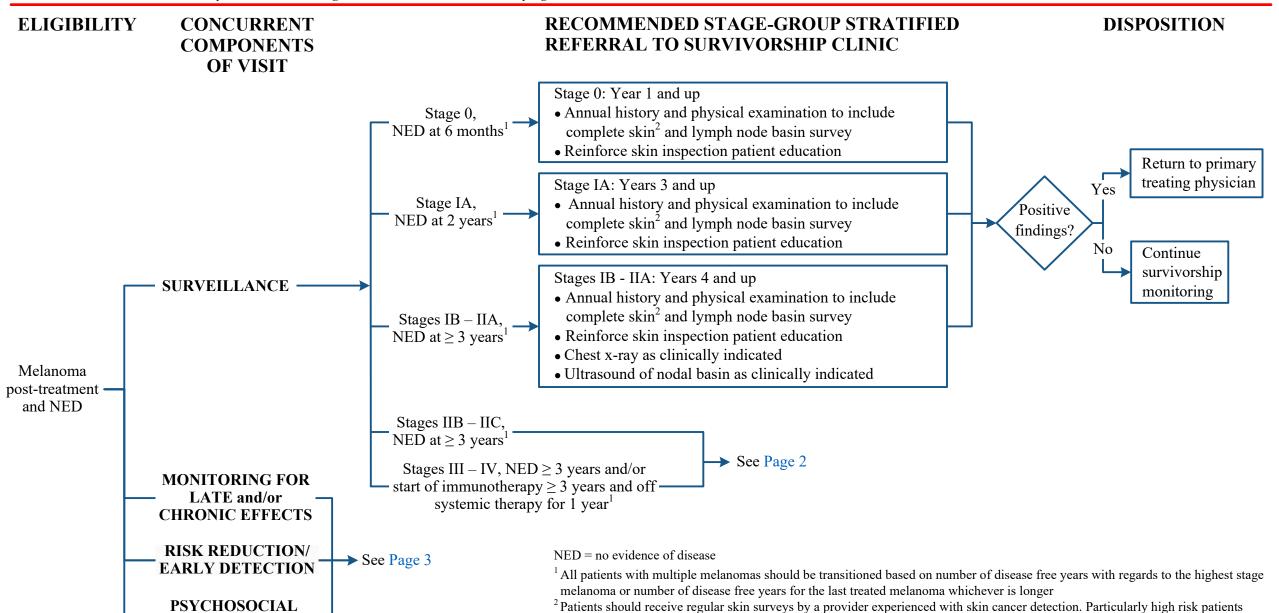
Making Cancer History®

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(e.g., multiple primary tumors, clinically dysplastic nevi) may benefit from specialty dermatology care.

FUNCTIONING

Survivorship – Cutaneous Melanoma

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ELIGIBILITY CONCURRENT RECOMMENDED STAGE-GROUP STRATIFIED **DISPOSITION COMPONENTS** REFERRAL TO SURVIVORSHIP CLINIC **OF VISIT** Stages IIB - IIC: Years 4 and 5 • Annual history and physical examination to include complete skin² and lymph node basin survey • Reinforce skin inspection patient education • CT chest, abdomen, and pelvis with contrast or PET-CT every 6 months or chest x-ray as clinically indicated • MRI brain with contrast as clinically indicated Stages IIB – IIC, NED at ≥ 3 years¹ Stages IIB - IIC: Years 6 and up • Annual history and physical examination to include complete skin² and lymph node basin survey Return to primary 19 • Reinforce skin inspection patient education treating physician • CT chest, abdomen, and pelvis with contrast or PET-CT or Yes Melanoma chest x-ray as clinically indicated Positive post-treatment — SURVEILLANCE -• MRI brain with contrast as clinically indicated findings? and NED Continue Stages III - IV: Years 4 and 5 survivorship • Annual history and physical examination to include complete skin² monitoring and lymph node basin survey • Reinforce skin inspection patient education • CT chest, abdomen, and pelvis with contrast or PET-CT every Stages III – IV, 6 months or chest x-ray as clinically indicated $NED \ge 3$ years • MRI brain with contrast as clinically indicated and/or start of immunotherapy Stages III - IV: Years 6 and up \geq 3 years and off • Annual history and physical examination to include complete skin² systemic therapy and lymph node basin survey for 1 year¹ • Reinforce skin inspection patient education • CT chest, abdomen, and pelvis with contrast or PET-CT or chest x-ray ¹ All patients with multiple melanomas should be transitioned based on number of disease free years with regards to the highest stage melanoma or number of disease annually as clinically indicated free years for the last treated melanoma whichever is longer • MRI brain with contrast as clinically indicated

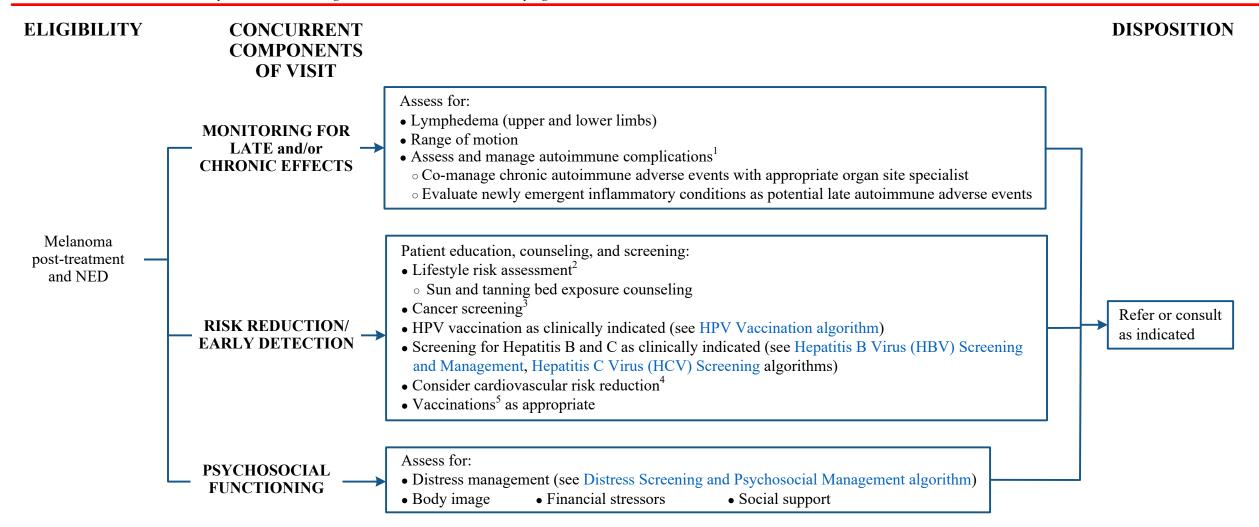
² Patients should receive regular skin surveys by a provider experienced with skin cancer detection. Particularly high risk patients (*e.g.*, multiple primary tumors, clinically dysplastic nevi) may benefit from specialty dermatology care.

Department of Clinical Effectiveness V5 Approved by the Executive Committee of the Medical Staff on 04/18/2023

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Anderson Survivorship – Cutaneous Melanoma

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¹ Though most immune-related adverse events (irAEs) occur while on immunotherapy, some irAEs can manifest late and/or treatment-emergent irAEs may become chronic.

Endocrine organ irAEs (ie hypothyroidism, adrenal insufficiency, Type 1 Diabetes Mellitus) are permanent and must be treated with life-long hormonal replacement with appropriate monitoring.

Other irAEs, most commonly rheumatological or neurological, may be chronic or relapsing/remitting and require chronic immunosuppression. These chronic irAEs should be co-managed with appropriate organ site specialist. Thyroid function should be monitored annually in patients with immunotherapy exposure and the possibility of late irAEs considered for new inflammatory issues.

²See Physical Activity, Nutrition, and Tobacco Cessation algorithms; ongoing reassessment of lifestyle risks should be a part of routine clinical practice

³ Includes breast, cervical (if appropriate), colorectal, liver, lung, pancreatic, prostate, and skin cancer screening

⁴Consider use of Vanderbilt's ABCDE's approach to cardiovascular health

⁵Based on Centers for Disease Control and Prevention (CDC) guidelines



DAnderson Survivorship – Cutaneous Melanoma

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Survivorship — Cutaneous Melanoma

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DEVELOPMENT CREDITS

This survivorship algorithm is based on majority expert opinion of the Melanoma Survivorship work group at the University of Texas MD Anderson Cancer Center. It was developed using a multidisciplinary approach that included input from the following:

Core Development Team Leads

Jeffrey E. Gershenwald, MD (Surgical Oncology)
Katherine Gilmore, MPH (Cancer Survivorship)
Madison LaRose, APRN, MSN (Surgical Oncology)
Jennifer McQuade, MD (Melanoma Medical Oncology)
Kelly Nelson, MD (Dermatology)
Michelle Rohlfs, MSN, RN (Melanoma Medical Oncology)

Workgroup Members

Olga N. Fleckenstein, BS[†]
Ryan Goepfert, MD (Head and Neck Surgery)
Thoa Kazantsev, MSN, RN, OCN[†]
Jeffrey N. Myers, MD, PhD (Head and Neck Surgery)
Kristen Pytynia, MD (Head and Neck Surgery)
Merrick Ross, MD (Surgical Oncology)
Hussein Tawbi, MD, PhD (Melanoma Medical Oncology)
Randal S. Weber, MD (Head and Neck Surgery)
Mark Zafereo, MD (Head and Neck Surgery)

Clinical Effectiveness Development Team