

Scalp Cooling

Ready to Begin

When you decide to commit to scalp cooling, your health care team reviews your medical records to determine if scalp cooling is right for you. Studies show that scalp cooling can reduce hair loss. There are some cancer types and certain chemotherapy treatments that may not benefit.

Getting Started



If scalp cooling is right for you, a member of your health care team will review a consent form with you. It is important to know that there is **no guarantee** that you will keep your hair. You also need to commit to spend longer times at each appointment. You are required to pre-cool (30 minutes) and post-cool (up to 90 minutes) during each chemo session.

Cap Fitting

As part of your enrollment, a trained health care provider helps you determine what size cap is best for you. The cap needs to fit tightly around your entire hairline. Good overall contact between the cap and the scalp is essential for best results.

Cost of Scalp Cooling

The overall cost depends on the number of chemo treatments your doctor orders.

Some insurance companies may cover the cost of scalp cooling. Several health plans, including Medicare, now cover scalp cooling. Check with your insurance provider to determine if coverage is available. Knowing your specific coverage information will help you understand your financial responsibility.

Ask your insurance company:

- If your insurance benefits cover scalp cooling
 - The CPT codes for scalp cooling are 0662T and 0663T
- What percentage of the cost does my insurance benefit cover for scalp cooling?

You must pay for treatments up front and ask for reimbursement from your insurance company.

If you have questions about insurance, contact the Financial Clearance Center at 713-745-9998 or 844-331-9998. For example, if your benefits do not cover scalp cooling you may have questions about costs.

For questions about billing, contact the Patient Business Services team through MyChart or by phone at 713-792-2991 or 800-527-2318.

Paxman Personal Cap Kit

Before you receive your personal cap kit, you will need to commit to scalp cooling. Once you have committed, you are fitted for your cap. You will receive your personal kit at enrollment.

Your kit may include:

- Your own Paxman scalp cooling cap, in the size selected at enrollment
- Your personal neoprene cooling cap cover
- A headband to be placed below the ears to reduce discomfort
- A spray bottle to moisten hair before you put on the cap
- A Tangle[®] Teezer detangling hairbrush
- Hair conditioner and shampoo
- A brochure with instructions and specific hair care-related information
- A towel to dry your hair and cap after each session

Bring Your Cap to Every Chemo Session



Bring your personal cap to each chemo session in order to receive scalp cooling. If you do not bring your cap, your treatment appointment may be rescheduled. Caps cannot be loaned out. It is important to have scalp cooling at every chemo session in order to get the full benefits. Even if you notice some hair loss, your new hair growth is being protected from the chemo medicines.

Choosing to Stop Scalp Cooling

The success rate of scalp cooling varies from patient to patient and can be affected by many things, including:

- Chemotherapy regimen and dose
- Length of time for chemo
- Metabolism of the chemo
- Hair type and condition
- Your age and general health

It is not possible to guarantee that you will not lose any or all of your hair. Even when the scalp cooling process is successful, you may have some hair loss and overall hair thinning. Your hair sheds as usual. Moderate hair loss of 30 to 50% is expected.

If you decide to stop the scalp cooling process, tell your health care team as soon as possible.

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